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Dear members and friends of Veahvta,

We hope you're keeping both safe and sane!

Veahvta has moved! It is quite amazing to see a bustling community moving from the second floor of a Shopping mall to cyberspace! The staff is still on the second floor, but all the activities have moved up a few stories, and are now on-line. And we are quite surprised at how effective this virtual "thing" is.

We've had a pre-Shabbat Kabbalat Shabbat service and a post-Shabbat Havdalah service, which were not only fun, but the technology enabled us to see friends that live far away, that without the Coronavirus, we may not have had the opportunity to see - Tony and Estelle in London, Jonathan and Rhonda in San Diego, Bob and Sarah in New Jersey, to name a few - and that was a real treat.

All of our Beit Midrash classes have moved on-line too, and so has the Ulpan - and it's working out great!!!

In addition, we've added several new courses, most are in Hebrew, but two are in English (see below). They will both take us to Pesach, and after Pesach we will offer new classes in the same format. (If you want to join the Hebrew classes, and don't have the list, see a link below).

**Tamar Pelleg: Days of Corona - DIY Coping Techniques**
Tuesdays, March 24th and 31st, 11:00 AM, [click here for the class]

**Sharona Ma'ital, Ph.d: Caring for Parents and Caregivers**
Wednesdays, March 25th and April 1st, 8:30 PM, [click here for the class]

[Click her for the list of classes in Hebrew]

The teachers are all volunteering their time (thank you!!!). We are asking for a 20 Shekel donation per class, which will go to our food project for families in need. The payments can wait until life returns to normal (it will, you know!).

After Pesach Elisha will start the third of the three Beit Midrash series - 10 sessions on Martin Buber's I-Thou classic (as of now, also on zoom). More about that in our weekly email later this week.
Please let us know (by return mail) if you wish to attend one or both of the classes listed below, so that the teachers will have a sense how many to expect.

Finally, if we can be of any assistance what-so-ever, please let us know - ANYTHING at all.

Just in case you don’t have our numbers, here they are again:
Elisha: 050-3782541
Aviva: 050-4804600

Finally, our NOAM youth leaders (all 18+) also want to help (they are sooo terrific!!!). Please see their message below, and fill out the attached form.

“Given the current circumstances and the Coronavirus epidemic, the Noam youth movement wants to help the community.
We can offer our help with many issues, anywhere in Israel, and any age:
- online shopping tutorials
- useful websites and how to use them
- calling people who would like some company
- giving elderly people the opportunity to share their life stories
- private lessons
And more!”

Please stay in touch. A sense of community is really vital at this time.

See you all on zoom, and in person very soon!

Veahavta staff and board.

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